

### Instructions

To boost your financial confidence, follow these steps: learn, talk, ask.  
For each one, check off the items as you complete them.

| 1. Learn: Get educated with financial literacy |   |
|--|---|
| <input checked="" type="checkbox"/>            | Budgeting: Create a budget and stick to it                                    |
| <input type="checkbox"/>                       | Saving: Contribute to a savings account, emergency fund, and retirement fund  |
| <input type="checkbox"/>                       | Credit: Effectively manage credit and build a credit score and credit history |
| <input type="checkbox"/>                       | Debt: Pay off credit card and student loan debt and reduce "want" purchases   |
| <input type="checkbox"/>                       | Insurance: Protect yourself from risk with insurance and a will               |
| <input type="checkbox"/>                       | Financial decision-making: Take a finlit class to hone your money skills      |

| 2. Talk: Have conversations about money |  |
|---|--|
| <input type="checkbox"/>                | Ask a friend for advice about money              |
| <input type="checkbox"/>                | Schedule an appointment with a financial advisor |
| <input type="checkbox"/>                | Meet with a mentor for financial coaching        |
| <input type="checkbox"/>                | Talk with a coworker about salaries              |
| <input type="checkbox"/>                | Negotiate pay with your employer                 |

| 3. Ask: Tap into reliable resources |  |
|-------------------------------------|--|
| <input type="checkbox"/>            | Learn about a non-profit: Empower Women, Women's Institute for Financial Education, Financial Literacy Organization for Women and Girls, Women's Institute for a Secure Retirement |
| <input type="checkbox"/>            | Read a publication: Girlboss, Refinery29 Work & Money, Money Smart Women, HerMoney   |
| <input type="checkbox"/>            | Listen to a podcast: So Money Podcast, Clever Girl Finance Podcast, The Fairer Cents Podcast, Martinis and Your Money Podcast  |
| <input type="checkbox"/>            | Use a financial tool: Ellevest   |